

Obstructive Sleep Apnoea (OSA)

Knowledge check questions



Please:

- complete the box on the right
- indicate your answer (A, B, C or D) in the blank box next to each question

| | |
|----------------|--|
| Name | |
| Company | |
| Date of course | |

| | | |
|---|--|---|
| 1 | How many people are thought to have OSA in the UK? | D |
| | A 100 | |
| | B 1,000 | |
| | C 10,000 | |
| | D 1,000,000 + | |

| | | |
|---|---|---|
| 2 | People undiagnosed with OSA are likely to experience? | D |
| | A Colour blindness | |
| | B Hay fever | |
| | C In-growing toe nails | |
| | D A heart attack | |

| | | |
|---|---|---|
| 3 | Which of the following is a symptom of OSA? | A |
| | A Heavy snoring | |
| | B Insomnia | |
| | C Hyperactivity | |
| | D Weight loss | |

| | | |
|---|--|---|
| 4 | What is the name of the scale that is used to test for excessive sleepiness? | C |
| | A Hepworth Scale | |
| | B Ellesworth Scale | |
| | C Epworth Scale | |
| | D Epsom Scale | |

| | | |
|---|---------------------------------------|---|
| 5 | What does CPAP stand for? | C |
| | A Continuous poor airway pressure | |
| | B Continuous poor airline pressure | |
| | C Continuous positive airway pressure | |
| | D Continuous positive airway pipe | |