

Obstructive Sleep Apnoea (OSA)

Knowledge check questions



Please:

- complete the box on the right
- indicate your answer (A, B, C or D) in the blank box next to each question

Name	
Company	
Date of course	

1	How many people are thought to have OSA in the UK?	
	A 100	
	B 1,000	
	C 10,000	
	D 1,000,000 +	

2	People undiagnosed with OSA are likely to experience?	
	A Colour blindness	
	B Hay fever	
	C In-growing toe nails	
	D A heart attack	

3	Which of the following is a symptom of OSA?	
	A Heavy snoring	
	B Insomnia	
	C Hyperactivity	
	D Weight loss	

4	What is the name of the scale that is used to test for excessive sleepiness?	
	A Hepworth Scale	
	B Ellesworth Scale	
	C Epworth Scale	
	D Epsom Scale	

5	What does CPAP stand for?	
	A Continuous poor airway pressure	
	B Continuous poor airline pressure	
	C Continuous positive airway pressure	
	D Continuous positive airway pipe	